

## Backpack Blessings Donations Need List

### Breakfast

- Pop-tarts
- Cereal bars
- Individual Packages of Instant Grits
- Individual Packages of Oatmeal
- Individual Cereal Boxes

### Meals

- Pop-top/Easy Open Raviolis, Spaghetti, Beef Stew, Chicken & Dumplings, Beanie Weenies, Vienna Sausages
- Individual packages of Easy Mac & cheese
- Ramen Noodle Packages
- Hamburger Helper Microwave Singles

### Desserts & Snacks

- Granola Bars
- Individual Fruit cups
- Individual Pudding Cups
- Individual Apple Sauce
- Individual Packaged Crackers (Cheese or Peanut Butter Filled)
- Individual Packages of Cookies
- Fruit Rollups
- Little Debbie Products
- Microwave Popcorn

### Drinks

- Juice boxes
- Capri Sun
- Shelf Stable Milk

**\* Please No Family Size Portion Products.**

## Menu

### Saturday:

- 1 Breakfast Item
- 1 Lunch Meal
- 1 Evening Meal
- 2 Desserts (Usually Fruit Product)
- 2 Juice Box or Water
- 2 Snacks (Crackers, Granola Bars, Pudding Cup, etc.)

### Sunday:

- 1 Breakfast Item
- 1 Lunch Meal
- 1 Desserts (Usually Fruit Product)
- 1 Juice Box or Water
- 2 Snacks (Crackers, Granola Bars, Pudding Cup, etc.)